

# “Big Status Update” Video

## Discussion Questions

### Communication/Relationships

1. What do you think a healthy relationship looks like? It can be a relationship with a boyfriend/girlfriend, parent, teacher, friend, coach or sibling.
2. Describe some characteristics of what a healthy relationship means to you.
3. Why is communication in a relationship so important? Do you think Jeremy and Emily communicated effectively?
4. Talking about sex with your partner can be difficult. To avoid a situation like the one with Jeremy and Emily, what are some examples of how to get the conversation started with a partner?

### Implications of Teen Pregnancy

5. What are the long term effects of Jeremy and Emily’s decision to have sex?
6. What could Jeremy and Emily have done differently to avoid teen pregnancy?
7. In addition to missing volleyball practice or a date with friends, what other things in life are affected by having a baby?
8. If you choose to have sex, what are some ways to protect yourself from pregnancy and STDs?
9. As a teenager, do you think you would be able to financially support a baby? What do you think it takes to financially raise a child?
10. What are some ways or things you can do to help support another teen who is pregnant or parenting?

### Perception vs. Reality

11. At the end of the video, it states there’s an average of 3,000 births that occur each year to teens in Iowa. Were you surprised by this statistic? Why or why not?
12. What role do you think the media, movies and TV shows such as *Teen Mom 2* play in how teen pregnancy is portrayed? Do you think these channels glamorize teen pregnancy or bring awareness to the topic?
13. What are some options or resources for getting accurate information about sexual health questions and teen pregnancy?

*This video was created by EyesOpenIowa as part of its Talking Sex Together – TxT – teen pregnancy prevention program. The TxT program provides facts, quizzes and polls related to sexual health and teen pregnancy prevention. Text “TxT” to 877877 to join and receive real answers to your sexual health questions.*

